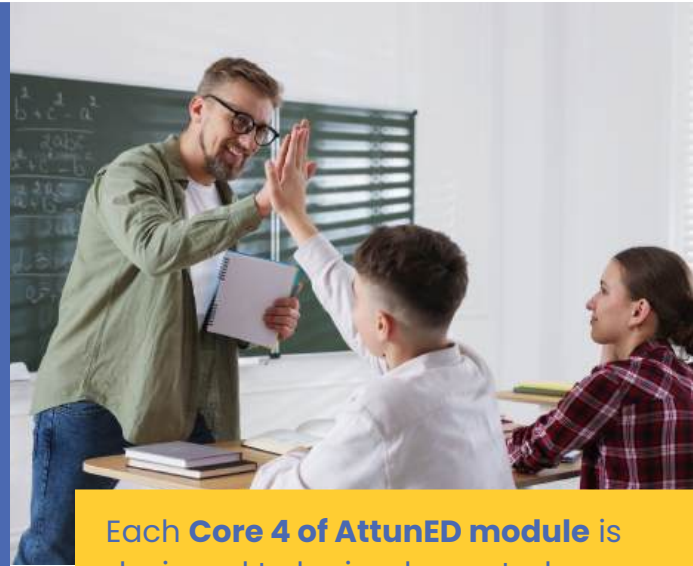


Effective School Solutions partners with districts to transform how mental health care is delivered during the school day. Our professional learning and coaching is rooted in the belief that the key to healthy, regulated students lies with the important adults in their lives: teachers, counselors, non-instructional staff, administrators, families, and caregivers. We support these adults in developing the mindset, knowledge, and practical skills needed to model and cultivate safe, inclusive learning environments where all students can succeed.



## Core 4 OF AttunED

The foundation of our trauma-informed professional learning and coaching is the AttunED Behavior Education Framework, which is anchored in the **Core 4 of AttunED** program. Through professional learning and coaching, educators will strengthen their own regulation, build meaningful relationships, and repair when challenges arise. Through Curiosity, Care, Connection, and Collaboration, educators develop the capacity to foster classrooms where students feel supported, understood, and ready to learn.

- **Module 1: Cultivating Care with Transition Resets** focuses on regulation and teacher capacity and introduces essential strategies for creating emotionally responsive educators and classrooms.
- **Module 2: Connection** explores connected language, playfulness, and strategies for creating ideal learning environments that foster belonging.
- **Module 3: Collaboration & Repair** develops skills for accountability and building relational repair between teachers and students
- **Curiosity** is embedded throughout each module, as curiosity is the gateway to deeper relationships and more effective interventions.

Each **Core 4 of AttunED** module is designed to be implemented over three to four months and includes:

- **Whole-School Training:** A three-hour interactive session for all building staff, including pre- and post-assessments to measure knowledge growth and application.
- **Individual Coaching:** Three in-class visits and debriefs for a cohort of up to eight participants.
- **Group Coaching:** Two group booster sessions designed to address challenges and support sustainability.
- **Calm Corner Reset Kits** (for elementary schools): Resources for teachers to create a designated space in the classroom for children to reset.
- **School Leadership Consultation:** An upfront and end-of-training session to review initiatives, insights, and next steps.
- **District Administration Consultation:** Strategic meeting to align mental health initiatives with district goals and provide data-driven recommendations based on classroom visits and staff conversations.